

TOPIC:

#### **MULTI DRUG RESISTANT ORGANISMS CLINICAL IMPLICATIONS AND OUTCOMES**

4th Lecture

October 9th, 2024



#### CONVENER'S

#### OPENING ADDRESS

#### DR. FOLARIN ADEGBOYEGA OLUBOWALE

MD/CEO Global Infectious Diseases Initiative

It is with a great sense of satisfaction that I write for the final edition of our initiative event in Lagos. I started this journey in the USA in 2007 and had the final edition in December 2023.

I am glad that I had the opportunity to bring home this event for at least 4 times in the last five years.



I had and still have the vision to raise the awareness of the specialty of infectious diseases in our country.

The Telemedicine program for Infectious Diseases I had the dream of establishing at my Alma Mata unfortunately did not live up to my expectations for various reasons.

I hope in the future that such a program that will benefit the patients and the health professionals will be given more serious attention in our country.

This year, we chose to discuss the importance of multidrug resistance organisms as a global problem to bring to the healthcare community about this very important problem facing the world.

I thank all that have supported our initiative efforts over the years.

May the good Lord bless all our efforts.

#### Dr Folarin Adegboyega Olubowale

# **Program**OF EVENTS

8:45AM

Welcome Address and Introductory Lecture.

Folarin Olubowale. MD

9:00AM-9:30AM (ZOOM) History of Antibiotics and the Emergence of Antibiotic Resistance.

**Dr Chinelo Animalu** 

9:35AM-10:05AM

Microbiology of Multidrugresistance In Nigeria: Progress And Challenges.

**Prof Oyin Oduyebo** 

10:10AM-10:40AM

Multidrug Resistance, A Major Biosecurity Threat to Lagos State.

Prof Akin Abayomi, Lagos State Health Commissioner

10:40AM-11:00AM

Q&A

11:05AM-11:35AM

Navigating Multidrug (MDR) Infections: From Antibiotic Stewardship to Innovative Therapies.

Dr Folake Kofo Idowu

11:40AM-12:10PM

Antibiotic Resistance In The Intensive Care Unit In Nigeria: Challenges And Strategic Approaches.

Dr Babaseyi Oyesola

12:15PM-12:35PM (ZOOM) Mdr Gram Negative Organisms: The Impact of Clinical Microbiology On Antibiotic Selection.

**Dr Deanne Tabb** 

12:40PM-1:10PM (ZOOM) Resistant Gram Negative Bacteria As Agents of Bioterrorism.

Dr Bolaji Ogunsakin

1:15PM-1:30PM O

Q&A

1:30PM TILL DONE Lunch&Light entertainment



#### AKIN ABAYOMI, (OON)

Hon. Commissioner for Health, Lagos State

Professor Akin Abayomi is a specialist in Internal Medicine, Haematology, Biosecurity and Environmental health. He received his First degree in Medicine in the University of London, with fellowships from both Royal College of Medicine and Pathology in the United Kingdom and the College of Medicine of South Africa respectively. He also has a Master's in environmental Ecology from the University of Pretoria in South Africa.



Akin Abayomi has been exposed to a vast variety of geographical variations in disease patterns within the field of Internal Medicine and Haematology having worked in the UK, Nigeria, the Middle East, the West Indies, Zimbabwe and South Africa.

Professor Akin Abayomi is serving a second 4 year term as the Honourable Commissioner for Health in Lagos State, Nigeria in the Lagos State Executive Cabinet of His Excellency Governor Babajide Sanwo-Olu.

Prior to this Akin Abayomi was Professor of Medicine at the Nigerian Institute of Medical Research in Lagos, Nigeria and before that the Chief Pathologist and Head of the Division of Haematology at the University of Stellenbosch's Faculty of Medicine Science in Cape Town, South Africa.

Akin Abayomi has published over 70 scientific peer reviewed articles and book chapters in his medical career.

Professor Akin Abayomi is the Founder of the Global Emerging Pathogen Consortium also known as GET-Africa, which was entrenched at the peak of the Ebola outbreak in Lagos to address Biosecurity concerns in Africa. He is also the Honorary Professor to the Centre for Biosecurity Studies, University of the West Indies. Cave hill Campus, Barbados, Caribbean.

Prof. Abayomi is a fellow of the African Academy of Science and a recipient of the National Productivity Order of Merit Award (NPOM) and an Officer of the Order of the Niger (OON) as conferred by the President of the Federal Republic of Nigeria in recognition of his excellence in the field of medicine and his high productivity especially in the role he played in the expert containment of the COVID pandemic in Nigeria.

Professor Akin Abayomi plays Lawn tennis, rides horses and in his more agile years played Polo for the Kaduna and Ibadan Polo club. He is an avid environmentalist and maintains a large nature conservation called "The Emerald Forest Reserve" situated at Ikoyi Osun near Ashejire dam on the banks of the Osun River.

#### **CONVENER'S PROFILE**

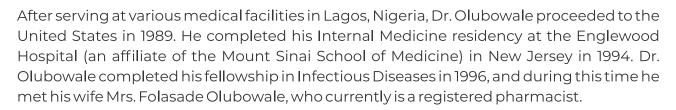
#### DR. FOLARIN ADEGBOYEGA OLUBOWALE

MD/CEO Global Infectious Diseases Initiative

**Dr. Folarin Adegboyega Olubowale** was born in Ibadan, Nigeria in 1960 to the Late Chief & Mrs. Obayomi Olubowale, who both worked as nurses.

The earliest parts of his education were spent at a variety of schools due to his mother's work transfers to various parts

of Nigeria. In 1972, he was admitted to Government College Ibadan, where he completed his WASC and his USC before being admitted to the College of Medicine at the University of Lagos (UNILAG) and graduating in 1983 with an M.B.B.S.



They are blessed with 3 children: Olayemi, Adeleye, and Omolade. Olayemi has completed his bachelor's degree at Georgia Tech, and is currently working towards his Master's degree at Vanderbilt University before he continues on to medical school. Adeleye is a rising senior at the University of Georgia, majoring in finance. Omolade, a rising sophomore at the University of Pittsburgh, is dual majoring in psychology and sociology before she continues on to a career in medicine, as well.

Dr. Olubowale established his Infectious Diseases practice in Columbus, GA. in 1997 and the rest is history. Medical Education has always been a passion of his, and in 2007 he held his first inaugural "Infectious Diseases Annual Lecture" for the healthcare providers of Columbus, GA. The event has only grown in relevance since its inception, with providers from neighboring states making appearances regularly.

Dr. Olubowale aims to extend this event to all corners of the globe, but first to Nigeria, his home country. The Global Infectious Diseases Initiative Inc. a charitable organization was formed to achieve this goal he set forth.

The first event was held on July 7th, 2017 in Lagos, Nigeria and featured speakers from the United States, along with dignitaries from his alma mater, UNILAG. This is the primary step to establishing an Infectious Disease Center in Lagos and partnering with local collaborators in the future to bring world-class care to the people. Dr. Olubowale and his family acknowledge that this is an ambitious project, but fully believe that with your help that all things are possible.



#### ANTIMICROBIALS **Humans Last Line of Defense**

Dr Folarin Adegboyega Olubowale

#### What Are Antimicrobials?

#### **4 Types of Antimicrobials**:

- 1. Antibiotics treat Bacterial infection (e.g. Typhoid)
  - Target bacteria and they work by interfering with bacterial cell processes or structures.
  - Ultimately lead to death or inhibition of bacterial growth.
  - Examples: Penicillin, tetracycline, and erythromycin
- 2. Antiviral treat Viral infection (e.g. HIV)

  a. Target viruses by inhibiting their replication and spread within the body.

  b. Treat viral infections such as influenza, HIV, and herpes.

  - c. Examples: Acyclovir, oseltamivir, and ritonavir.
- 3. Antiparasitic treat Parasites (e.g. Malaria)
  - a. Target various stages of the parasite's life cycle, disrupting their growth and survival.
     b. Treat infections caused by parasites such as protozoa and helminths.

  - c. Example: Chloroquine, albendazole, and ivermectin.
- 4. Antifungal treat Fungus infection (e.g. Thrush)
  - a. Target fungal cell membranes or interfere with fungal cell process to lead to death or inhibition of fungal growth.

  - Agents used to treat fungal infections. Example: fluconazole, terbinafine, amphotericin B.



#### What Are Antimicrobials?

#### **Antiseptics and Disinfectants**

- a. Antiseptics: applied to living tissues to prevent infection
- b. Disinfectants: used on inanimate objects and surfaces.
- c. Examples: Alcohol-based hand sanitizers, hydrogen peroxide, and chlorine bleach.

#### **WORLD PUBLIC HEALTH ALERT**

- Micro-Organisms getting resistant to Drugs.
  - o Infections not responding to treatment.
- Tuberculosis is now difficult to treat globally.
- HIV Some babies are born with Drug Resistant HIV

There has been an increased risk of dying from infections and increased spread of infections.

#### What Is Causing The Resistance to Drugs?

- 1. Misuse/Overuse of these Medicine.
- 2. Poor Sanitation in certain places.
- 3. Poor Control of Medicine by Governments.
- 4. Natural changes to the Bacteria, Viruses, & Parasites or Fungus.
- 5. Lack of Health Awareness in the population.

**Do Not ABUSE ANTIMICROBIALS.** 

**IT MIGHT COST YOU YOUR LIFE!!!** 

#### DR. CHINELO ANIMALU MD, MPH, FIDSA

**Dr Animalu** is an Associate Professor of Medicine, division of Infectious Diseases at the University of Tennessee Health Science Center, Memphis. She is a product of the renowned College of Medicine, University of Nigeria, Enugu campus where she



obtained her medical degree (MD/MBBS). She completed her internship and Internal medicine residency training at St Joseph hospital affiliated with University of Illinois, Chicago. She later obtained a master's degree in public health (MPH) from Tulane University, New Orleans.

Subsequently, Dr Animalu completed an Infectious disease fellowship program at the University of Tennessee Health Science Center, Memphis. She has been an infectious disease attending physician at Methodist University hospital, Memphis since 2015 till date and faculty member with College of Medicine UTHSC, Memphis from 2016 till date.

She is double board certified in Internal Medicine and Infectious Diseases. She is a fellow of the Infectious Disease Society of America (FIDSA) and fellow American College of Physicians (FACP). Her areas of interest are orthopedic infections, infection prevention and antimicrobial stewardship. She is well published in peer reviewed medical journals. She is actively involved in numerous mentoring activities in the College, especially among the minority community.



**GLOBAL INFECTIOUS** DISEASE INITIATIVE October 2024

#### **MULTI DRUG RESISTANCE ORGANISMS Clinical Implications And Outcomes**

Chinelo Animalu MD, MPH, FIDSA **Associate Professor** 

**Division of Infectious Diseases** College of Medicine, UTHSC, Memphis

> Infectious Disease Specialist Methodist University Hospital Memphis October 2024



**History of Antibiotics and the Emergence of Antibiotics Resistance** 

#### No financial Disclosures

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#### **Objectives**

- Discuss the history of antibiotics and emergence of antibiotics resistance
- Factors associated with the emergence of (multi drug resistant organisms (MDROs) in modern day era

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#### **Brief Overview of Origin Of Antibiotics**

 Sir Alexander Fleming is considered as the grandfather of antibiotics after he discovered penicillin while working on a fungus called Penicillium notatum. He noted that the fungus had destroyed bacteria in a staphylococcus culture plate. He successfully isolated the fungus substance called penicillin (PCN) in 1928.

Once PCN became widely available by 1940, a bacterial penicillinase was identified > resistant strains capable of inactivating the drug and as this became prevalent, synthetic studies were undertaken to modify penicillin chemically to prevent cleavage by penicillinases.

- In the case of streptomycin, introduced in 1944 for the treatment of tuberculosis (TB; "The Great White Plague"), mutant strains of Mycobacterium tuberculosis resistant to therapeutic concentrations of the antibiotic were found to arise during patient treatment.
- As other antibiotics have been discovered and introduced into clinical practice, a similar course
  of events has ensued.
- Over time of this antibiotic era, the number of identified resistance mechanisms, and their abundance, has increased at an alarming rate.

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#### Antibiotics background continued..

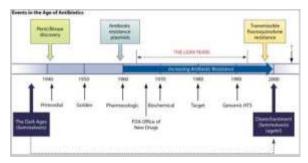
- Since the discovery of penicillin in 1928, many more novel classes of antibiotics have been discovered. Some were naturally-derived while others were synthetically derived basically between the 1950's and 1970's. Since then, newly marketed antibiotics are modification of the already-exiting classes
- As exciting as the discovery of newer classes of antibiotics is, it comes with a price. For the last
  decade, there has been increasing concerns about the emergence of organisms including bacteria,
  viruses, fungi and mycobacterium that have become resistant to the various classes of
  antimicrobials available.
- This concern has now grown to a full epidemic with more recent studies showing bacterial
  resistance to virtually all the classes of antibiotics available. These types of organisms are called
  multi-drug resistance organisms (MDRO) but commonly known in the general population as superbugs.

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#### Events in the Age of antibiotics



The dark ages, the preantibiotic era; primordial, the advent of chemotherapy, via the sulfonamides; golden, years when most of the antibiotics used today were discovered; the lean years, the low point of new antibiotic discovery and development; pharmacologic, attempts were made to understand and improve the use of antibiotics by dosing, administration, etc.; bloch emical, knowledge of the biochemical actions of antibiotics and resistance mechanisms led to chemical modification studies to a void resistance; target, mode-of-action and genetic studies led to efforts to design new compounds; genomic/HIS, genome sequencing methodology was used to predict essential targets for incorporation into high-throughput screening assays; disenchantment, with the failure of the enormous investment in genome-based methods, many companies discontinued their discovery programs. Other milestones in this history include the creation of the FDA Office of New Drugs after the thalidomide disaster led to stricter requirements for drug safety, including the use of antibiotics. This slowed the registration of novel compounds. Before antibiotics were discovered, Semmelweis advocated hand washing as a way of avoiding infection; this practice is now strongly recommended as a method to prevent transmission

Origins and evolution of antibiotics resistance. (NIH.org)

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### Factors associated with the emergence of MDROs in modern day era

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#### Factors associated with the emergence of MDROs in modern day era

- Excessive prescription of antibiotics has been identified as the major etiology of the emergence of these organisms > mostly through selective pressure exerted by the injudicious use of antimicrobials.
- Agricultural sector >
- · wide use of pesticides.
- · The mode of spread has been a major concern as well. The well recognized modes includes:
- > The consumption of infected animal product
- > Spread from food items like vegetables and fruits
- > Person to person contact: Worse in healthcare settings.

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#### Use of Antibiotics in agriculture and the risk to human health

- Routine use of antibiotics in agriculture has been described as a major contributor to the high occurrence of antibiotics resistance in human:
- Suspected mechanisms include:
- 1: Direct infection with resistant bacteria from an animal source
- 2: Breaches in the species barrier followed by sustained transmission in humans of resistant strains arising in livestock
- 3: Transfer of resistance genes from agriculture into human pathogens

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- Excessive prescription of antibiotics has been identified as the major etiology of the emergence of these organisms > mostly through selective pressure exerted by the injudicious use of antimicrobials.
- Tennessee ranks 5<sup>th</sup> in the nation for injudicious prescription of antibiotics in USA according to the CDC.
- In Nigeria and other parts of the world, other contributing factors include;
- Healthcare environment factors such as lack of regulatory policies and infection control practices. Role of ASP, IPC.
- Lack of /availability of guidelines
- Patient pressure
- Limited knowledge about antibiotics and incorrect dosing practices by physicians, mid level providers and pharmacists.

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#### So, where does these prescribing trends lead us..

Creation of slippery little monsters

Super bugs MDROs





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#### Super Bugs / MDROs

- The term "superbugs" refers to microbes with enhanced morbidity and mortality due to multiple mutations endowing high levels of resistance to the antibiotic classes specifically recommended for their treatment; the therapeutic options for these microbes are reduced, and periods of hospital care are extended and more costly. In some cases, super-resistant strains have also acquired increased virulence and enhanced transmissibility.
- The most dangerous of these organisms (MDROs or super bugs) have been found in the healthcare setting and spread is believed to be mainly from person-to-person contact.
- There has been conflicting studies about the role of healthcare workers in the transmission of these organisms from person to person leading to healthcare associated infections (HAI) through unintentional transmission of these organisms by person to person contact or through contaminated clothing like lab coats, scrubs and also by not following standard infection control measures like hand hygiene before after each patient contact, adhering to contact and special contact precautionary measures in patients who have already been diagnosed with one of these organisms.



#### Worse offenders in the

- MRSA
- C difficile
- VRE
- CRE
- Most notorious mode of spread > HCW
- VISA
- VRSA



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#### **Outbreaks**

- There are instances of outbreaks of these organisms, some of which are MDROs in the communities but especially in the healthcare setting.
- There have been documented outbreak of these infections involving infected medical instruments and this has led to questions about the effectiveness of currently used disinfecting and cleaning techniques in healthcare settings.
- There was an outbreak of infections with carbapenemase resistant enterobacteriacae following exposure to duodenoscopes.

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## What is causing this resistance?

#### **Overuse of Antimicrobials**

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#### Overuse of Antimicrobials

- CDC: > 50% Antimicrobials prescribed in US are unnecessary
  - Outpatient and Inpatient
  - Antimicrobials are the only medications where the use in one patient can compromise their efficacy in other patient.
  - Use of metoprolol in Mr. and Mrs. Smith vs. Use of meropenem in Mr. and Mrs. Smith

Dellit et al. Clin Infect Dis. 2007;44:159-77



#### How Long is Too Long?

- Brad Spellberg, MD
  - Compiled strong data (RCTs)
  - Consistently: Longer is not better

If Shorter is as good as Longer Duration, then why not cover the patient with antibiotics for longer?

#### Stewardship: Shorter = Better

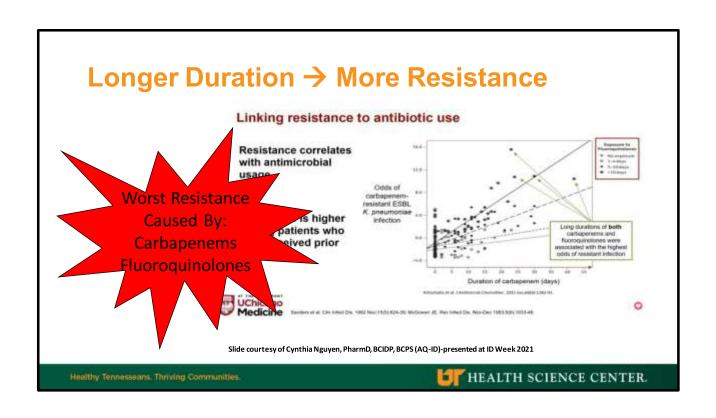
Diagnosis	Short (d)	Long (d)	Result	HENCT
CAP	3-5	5-14	Equa	12
Atypical CAP	1	3	Equal	
VAP	8	15	Equal	
cUTI/Pyelo	5 or 7	10 or 14	Equal	9*
Intra-abd	4	10	Equal	
GNB Bacteremia	7	14	Equal	3**
Cellulitis/Wound/Abscess	5-6	10	Equal	4*
Osteomyelitis	42	84	Equal	2
Osteo with Removed Implant	28	42	Equal	
Debrided Diabetic Osteo	10-21	42-90	Equal	2*
Septic Arthritis	14	28	Equal	1
AECB & Sinusitis	≤5	27	Equal	>25
Neutropenic Fever	AFx72 h	+ANC>500	Equal	
P. vivox Malaria		14	Equa	
Total: 14 Diseases				66 RCT
*2 RCT included males, the smaller one tou no difference at longer follow-up, larger exc in UTVoA1 RCTs; 13 RCTs equal, 1 (see dos study total bone resection (clean margins);	usive male study to se oral fluosi() Trei	ound no diff in cure apses 2° endpoint;	"GNB be de "all patiere : d	натка акто

www.bradspellberg.com/shorter-is-better

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#### Worst Offenders for Resistance

	VRE	MRSA	ESBLs	CRE
2 <sup>nd</sup> & 3 <sup>rd</sup> Generation Cephalosporins	OR 5.9, p<0.001	RR 2.2, 95% CI 1.7-2.9	p=0.014	p=0.004
Fluoroquinolones	OR 1.6, p=0.03	RR 3.0, 95% CI 2.5-3.5	OR 11.2, 95% CI 1.9-63.2	
Carbapenems			p<0.0001	OR 14.97, p<0.001

Lautenbach E, et al. Clin Infect Dis. 2001 Oct 15;33(8):1288-94.

Ostrowsky BE, et al. Arch Intern Med. 1999 Jul12;159(13):1467-72

Landman D, et al. Arch Intern Med. 2002 Jul 8;162(13):1515-20.

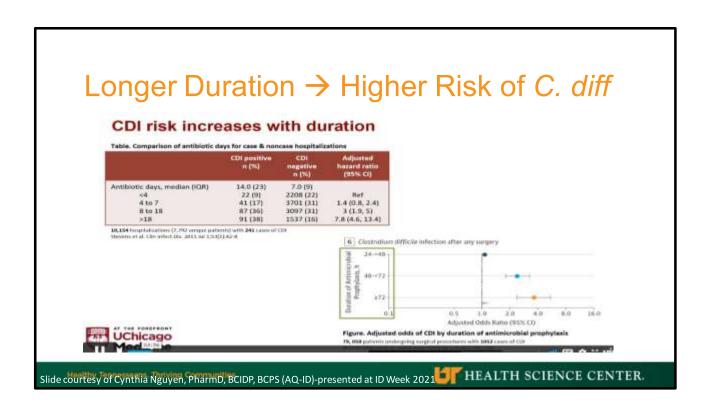
Quale JM, et al. Clin Infect Dis. 2002 Oct 1;35(7):834-41.

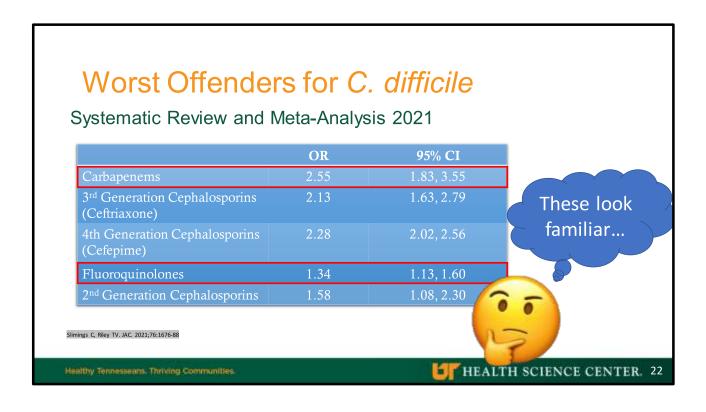
Tacconelli E, et al. J Antimicrob Chemother. 2008 Jan;61(1):26-38

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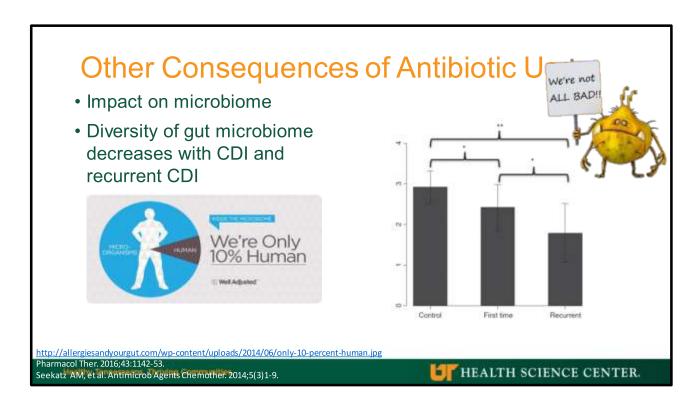
















# What can we do to STOP it?

4th Edition 21

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#### PROF. OYINLOLA ODUYEBO, FAMEDS

**Professor of Clinical Microbiology** 

MB, BS (1986), M.Sc. Medical Microbiology (1995), FWACP (Lab med, 1998), FMCPath (1998), MD (2021), FRCPath 2023



A lecturer in the College of Medicine of the University of Lagos since 1998, teaching Medical Microbiology to medical students, postgraduate students, nurses and midwives. Also a Honorary consultant to the Lagos University Teaching Hospital, helping to manage the hospital laboratory, investigating and managing healthcare associated infections and training resident doctors.

Research interests have been around antibiotic stewardship, antimicrobial resistance and healthcare associated infections. The results of her research have helped to educate healthcare workers on rational antibiotic use and importance of adequate infection control practices. Currently, chairman of the antimicrobial stewardship program and also of the infection control program of the Lagos University Teaching Hospital. A member of the AMR technical working group in Nigeria. In collaboration with the British Society for Antimicrobial Chemotherapy and the Infection Control Africa Network, she led the development of the a 3-week Future learn MOOC training "antimicrobial stewardship for Africa". She is the National coordinator of the National Antimicrobial stewardship working group in Nigeria, an arm of the Clinical Microbiology and Infectious Diseases Society of Nigeria (CLIMIDSON).

#### **DR. FOLAKE KOFO-IDOWU**

**Infectious Diseases Consultant** 

**Dr. Folake Kofo-Idowu** is an infectious diseases consultant, Double Board certified by the American Board of Internal medicine and medical specialties. She began her career with a medical education from Lagos State University before proceeding to complete



a residency in internal medicine at the University of Maryland. Dr. Kofo-Idowu furthered to obtain a fellowship in infectious disease from the Medical College of Georgia and additional Masters of Public Health from the University of California, Berkeley. She has over 15 years of clinical medicine experience from both Nigeria and the United States. Previously, Dr. Folake worked as Assistant Professor at Medical College of Georgia and at the NIAID as a Medical Officer in the Division of AIDS (DAIDS), managing groundbreaking HIV and hepatitis research.

Presently, she works as a locums physician serving multiple health systems across the US, She is the CEO of IYEWO, a Primary Care start up in Lagos, and concurrently the Executive Director for Amal Outreach an non profit that facilitates access to healthcare and underserved community development. She is passionate about expanding health access and coverage as well as localizing global advancements for local development.

TOPIC: "Navigating Multidrug-Resistant (MDR) Infections: From Antibiotic Stewardship to Innovative Therapies"

#### **DR. BABASEYI OYESOLA**

BSc. MB. BS, FRCAI

**Dr. Babaseyi Oyesola BSc. MB. BS, FRCAI,** is an accomplished anesthetist and medial practitioner with over 25 years on the cutting edge of practicing medicine in anesthesiology and critical care. Doctor Oyesola is not only one of the Nigeria's foremost authorities on anesthesiology and intensive care, he is also a successful serial entrepreneur and passionate



humanitarian who cares about the well-being of his fellow citizens.

He began his medical career after graduating with honors from the College of Medicine (CMUL), University of Lagos in Nigeria and he quickly rose through the ranks to lead a team of young doctors in anesthesiology at the University of Lagos.

Throughout his medical career Dr. Oyesola has made it a point to continue learning new techniques and procedures and improving his interpersonal leadership and teaching skills. He has already co-authored or published 8 important articles on medicine and at one point, took a year off his practice to join the University of Los Angeles in California as a visiting Assistant Professor in 1998.

After his successful one year US tenure, he returned to the UK when he became one of the lead consulting attending physicians at Medway Hospital in Gillingham in Kent, where he practiced for over 15 years. While in England, Dr. Oyesola partnered with a British medical technologist to develop the world's first unique portable operating room equipment and inventory device, based on his experience living and working in Nigeria. It is retailed as "OR in a BOX"

In 2008 Dr. Oyesola took a hiatus from his UK practice to return to Nigeria as the Chief Medical Director at Delta State University Teaching Hospital in Warri. He specifically oversaw the setup and training of young doctors and nurses to ensure that international medical standards and practices were formally introduced into the university hospital teaching system.

It was the time spent in Delta State that convinced Dr Oyesola to make the formal transition to Nigeria to give back to the country in the form of delivering advanced intensive medical care to its citizens at affordable rates.

Today, Dr. Oyesola has a successful medical devices company and is actively leading the setup of a Cardiac Intervention scheme in Nigeria, as well as an Intensive Care Unit (ICU) service, support already establish medical facilitates across the country.

4th Edition 25

#### **Antibiotic Resistance in Intensive** Care Units in Nigeria: Challenges and Strategic Approaches

Addressing a Silent Crisis in Nigerian Healthcare

Presenter: Dr. Seyi Oyesola

Affiliation: Anesthesia and Critical Care Consultants (A3C)



#### Introduction to **Antibiotic Resistance**

- Antibiotic resistance is recognized as one of the biggest threats to global health.
- ICUs are high-risk environments due to critical patient profiles and heavy antibiotic usage.
- Overuse and misuse of antibiotics are driving resistance.
- ICUs globally are facing the consequences: higher mortality, longer hospital stays, and increased costs.
- Nigeria is no exception, with ICUs facing significant challenges.



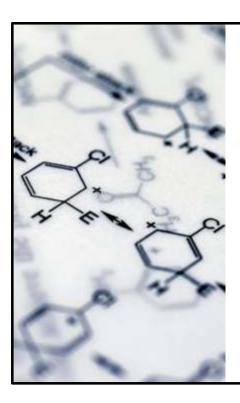
#### Global Overview of Antibiotic Resistance in ICUs

- Resistance rates are rising globally, particularly in resource-limited settings.
- High resistance rates are observed in pathogens like Staphylococcus aureus, Pseudomonas aeruginosa, and Klebsiella pneumoniae.
- 700,000 deaths annually worldwide due to resistant infections.
- By 2050, it is estimated that antibiotic resistance could cause 10 million deaths per year.



#### Epidemiology of Antibiotic Resistance in Nigerian ICUs

- Recent studies indicate alarming rates of resistance in Nigerian ICUs.
- Common pathogens like E. coli, Klebsiella pneumoniae, and Acinetobacter baumannii show high levels of resistance.
- Over 60% of ICU infections involve multidrug-resistant organisms.
- High resistance to first-line antibiotics, including ceftriaxone and amoxicillinclavulanate.



#### Common Resistant Pathogens in Nigerian ICUs

- ICU patients are vulnerable to infections from pathogens like MRSA (Methicillin-Resistant Staphylococcus aureus) and ESBL (Extended-Spectrum Beta-Lactamase) producing bacteria.
- Common pathogens include MRSA, ESBL-producing Enterobacteriaceae, and carbapenem-resistant Acinetobacter baumannii.
- High prevalence of resistant Klebsiella pneumoniae and Pseudomonas aeruginosa.



#### Contributing Factors in Nigerian ICUs: Empirical Antibiotic Therapies

- Empirical antibiotic therapy is often necessary in ICUs, but without proper diagnostics, it leads to misuse.
- Delayed targeted treatment due to lack of rapid diagnostics exacerbates resistance.
- Over-reliance on broad-spectrum antibiotics.
- Delays in pathogen identification and susceptibility testing.
- Absence of local antibiograms guiding therapy decisions.

#### **DR. DEANNE TABB**

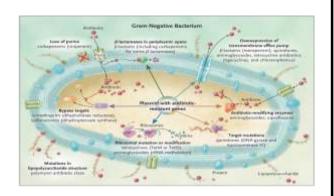
Pharm.D., MT (ASCP)
Infectious Disease Specialist Division of Pharmacy

**Dr. Deanne Tabb** received a BS in Medical Technology from Columbus State University and practiced in the area of Clinical Microbiology prior to earning her PharmD from Auburn University. She completed a Pharmacy Practice Residency at Columbus Regional



Health Care System and an Infectious Disease Specialty at the Mayo Clinic in Rochester, Minnesota.

Dr. Tabb currently heads an Infectious Disease Pharmacy Service at Piedmont Columbus Midtown in Columbus, Georgia.

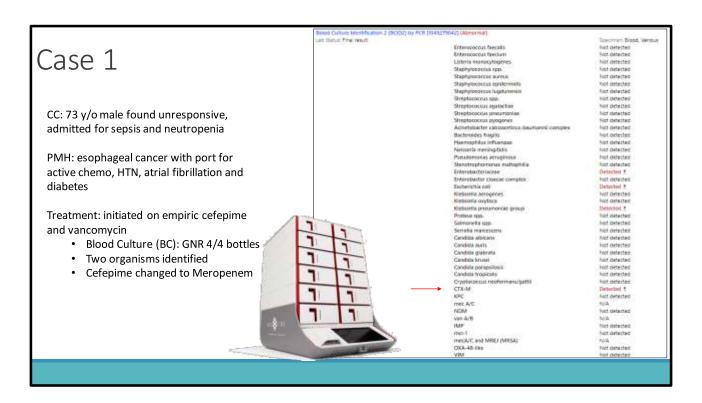


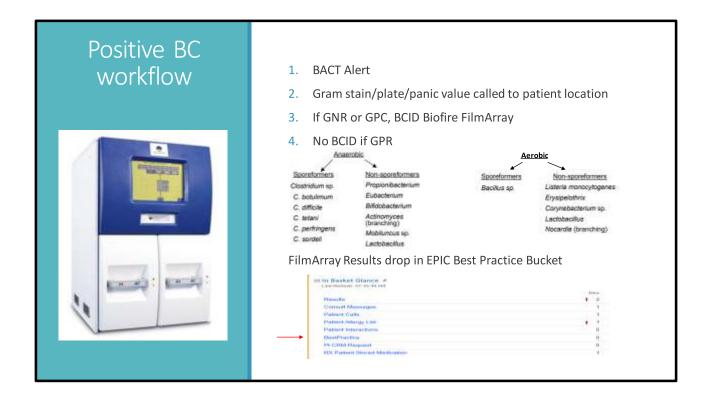
MDR GRAM NEGATIVE ORGANISMS: THE IMPACT OF CLINICAL MICROBIOLOGY ON ANTIBIOTIC SELECTION

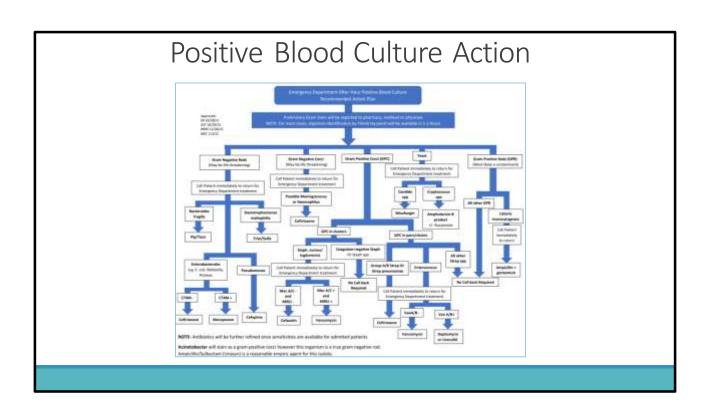
Deanne Tabb PharmD, MT (ASCP) Infectious Diseases Pharmacist

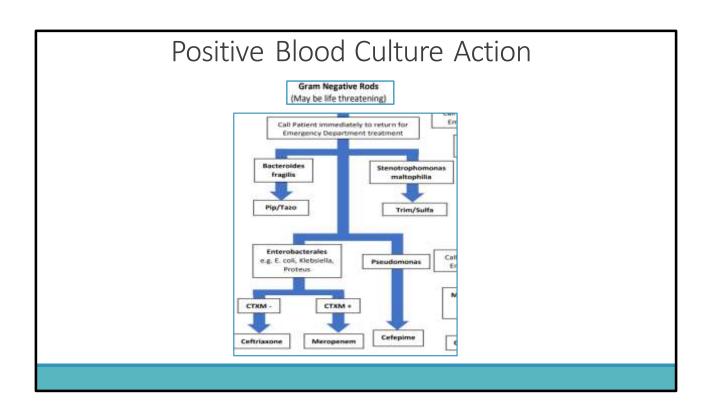
#### Objectives

- Demonstrate the clinical impact of select microbiology tests for GNR infections
- Highlight microbiology workflow
- Introduce microbiology regulatory requirement documentation for panels
- Review antimicrobial agents with spectrum for MDR gram negative bacteria











# Susceptibilities Approve Gen Start Start Control Angel Start St



- CTX-M enzymes are the most common ESBLs in the United States
- TEM & SHV are also present
- A 2021 study detected ESBL genes in (13.3%)
   Escherichia coli, N = 2059, and (11.8%) of Klebsiella pneumoniae, N = 836)
  - Of these:
    - 92.5% carried CTX-M-encoding genes
    - 8.6% carried SHV-encoding genes
    - 1.2% carried TEM-encoding genes
- Prevalence can vary geographically: 5% Michigan -26% Washington, DC

#### Lower Cephalosporin Breakpoints

A 2001 study examined the outcome of serious ESBL infections in patients treated with cephalosporins in which the organism was "susceptible" or intermediate" in vitro

- 54% of patients experienced clinical failure
- Statistically significant increase in failure when MICs rose closer to 8 (p = 0.004)

Agent	MIC breakpoint for isolates in indicated category by:							
	CLSI	/100-S19 (	2009)	CLSI M100-S20 (2010)				
	Susc	Int	Res	Sus	Int	Res		
Cefazolin	≤8	16	≥32	≤1	2	≥4		
Cefotaxime	≤8	16-32	≥64	$\leq 1$	2	≥4		
Ceftriaxone	≤8	16-32	≥64	$\leq 1$	2	≥4		
Ceftazidime	≤8	16	≥32	≤4	8	≥16		
Aztreonam	≤8	16	≥32	≤4	8	≥16		

Agent	MIC breakpoint for isolates in indicated category by:							
	CLSI	1100-S23	3 (2013)	CLSI M100-S24 (2014)				
	Susc	Int	Res	Susc	SDD	Res		
Cefepime	≤8	16	≥32	≤2	4-8	≥16		

J Clin Microbiol. 2016;54(4):840-844

#### Lower Cephalosporin Breakpoints

- A 2011 study aimed to determine how many ESBL-producing strains of *Klebsiella pneumoniae*, *E. coli*, and *Proteus mirabilis* test susceptible using the new recommended CLSI breakpoints
  - All 382 strains tested resistant to cefazolin, cefotaxime, and ceftriaxone
  - 85% 96.7% of *P. mirabilis* strains tested susceptible to ceftazidime, cefepime, and aztreonam
  - 41.8% 45.6% of E. coli strains tested susceptible to ceftazidime and cefepime
  - 20.1% of K. pneumoniae were susceptible to cefepime
- A 2017 narrative review of cefepime effectiveness in treating ESBL infections calls into question the use of cefepime

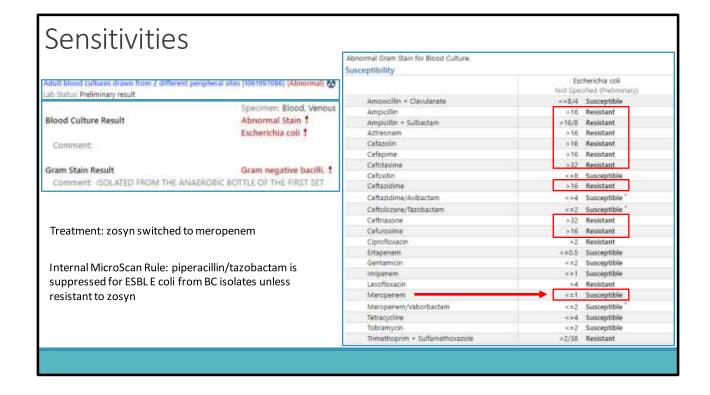
Table 3. Rate of Clinical Failure or Mortality With Cefepime Use for ESBL Infections.

MIC (μg/mL)	$\begin{array}{c} \text{Kotapati} \\ \text{et al}^{25} \\ (\text{N} = \text{I0}) \end{array}$	LaBombardi et al <sup>26</sup> (N = 13)	Chopra et al <sup>28</sup> (N = 43)	Lee et al <sup>27</sup> (N = 17)	Paterson et al <sup>12</sup> (N = 3)	Bhat et al <sup>30</sup> (N = II)	Wang et al <sup>29</sup> (N = 17)	Seo et al <sup>31</sup> (N = 6)	Total (N = 113)
≥8	3/4 (75%)	1/1 (100%)	11/26 (42%)	3/5 (60%)	-	1/4 (25%)	0/4 (0%)	-	19/44 (43.2%)
4	2/4 (50%)		1/4 (25%)	1/3 (33.3%)	-	2/3 (66.7%)	5/9 (55.5%)	-	11/23 (47.8%)
2	_	0/2 (0%)	5/13 (39%)	1/3 (33.3%)	1/2 (50%)	2/3 (66.7%)	-	3/4 (75%)	9/24 (37.5%)
≤I	1/2 (50%)	1/10 (10%)	-	1/6 (16.7%)	1/1 (100%)	-	2/4 (50%)	1/2 (50%)	7/25 (28.0%)

Clin Microbiol. 2001;39(6):2206-2212.



#### Case # 2 ood Culture Identification 2 (BCID2) by PCR [1062420484] (Abnormal) ab Status: Final result Specimen: Blood, Venous Klebsiella oxytoca Not detected Enterococcus faecalis Not detected Klebsiella pneumoniae group Enterococcus faecium Not detected CC: 75 y/o male presents to the Proteus spp. Not detected Listeria monocytogenes Not detected Salmonella spp. Not detected ED for evaluation of abdominal Staphylococcus spp. Not detected Serratia marcescens Staphylococcus aureus Not detected Not detected pain and emesis Staphylococcus epidermidis Not detected Candida albicans Not detected Staphylococcus lugdunensis Not detected Candida auris Not detected PMH: CHF, COPD, hypertension, Streptococcus spp. Not detected Candida glabrata Not detected Streptococcus agalactiae Not detected Candida krusei Not detected hyperlipidemia Not detected Candida parapsilosis Not detected Streptococcus pneumoniae Streptococcus pyogenes Not detected Candida tropicalis Not detected Diagnosed with sepsis from Acinetobacter calcoaceticus-baumannii Not detected Cryptococcus neoformans/gattii Not detected complex CTX-M Not detected abdominal source Bacteroides fragilis Not detected KPC Not detected Haemophilus influenzae Not detected N/A Not detected Treatment: initiated on empiric Neisseria meningitidis Not detected NDM Pseudomonas aeruginosa Not detected. van A/B N/A piperacillin/tazobactam Stenotrophomonas maltophilia Not detected IMP Not detected Enterobacteriaceae Detected ! mcr-1 Not detected Enterobacter cloacae complex Not detected mecA/C and MREJ (MRSA) N/A Detected ! OXA-48-like Escherichia coli Not detected Klebsiella aerogenes Not detected: VIM Not detected



#### **MERINO Trial**

Randomized non-inferiority international parallel trial: Ceftriaxone Resistant *E. coli/Klebsiella pneumoniae* Bloodstream infections

- $\begin{tabular}{ll} \textbf{Interventions:} & piperacillin-tazobactam 4.5 g every 6 hours vs \\ meropenem 1 g every 8 hours \end{tabular}$
- Number of enrolled patients: 378
- Primary Outcome: all-cause mortality at 30 days
- 12.3% vs 3.7% (risk difference, 8.6%); p = 0.90 for noninferiority
- Secondary Outcome: clinical and microbiological resolution by Day 4
- 68.4% vs 74.6% (risk difference, -6.2%); p = 0.19
- The study was *stopped early due to a 3-fold higher 30-day mortality* in the piperacillin-tazobactam group
- Limitation: The presence of narrow-spectrum oxacillinases (blaOXA-1 and variants) was found in 67.6% of all strains and could have potentially compromised  $\beta$ -lactamase inhibition by tazobactam

#### MERINO-2 Trial

Randomized non-inferiority international parallel trial: AmpC β- Lactamase-Producing *Enterobacter* spp, *Citrobacter freundii, Morganella morganii, Providencia* spp, or *Serratia marcescens* Bloodstream Infections

- Interventions: piperacillin-tazobactam 4.5 g every 6 hours vs meropenem 1g every 8 hours
- Number of enrolled patients: 72
- Primary Outcome: all-cause mortality at 30 days
  - 29% vs 21% (risk difference, 8%); p=0.41
- Secondary Outcome: clinical and microbiological resolution by Day 5
  - 74% vs 82% (risk difference, -9%)
- · Study terminated due to slow accrual

#### Enterobacterales (not including Salmonella/Shigella) 6.6.24

Tiler 1 Agents that are appropriate for routine, primary terting and reporting	Tiler 2 Appropriate for routine testing but may be reported following cascade rules established by the institution	Tiler 3 Appropriate for routine, primary testing in institutions that serve partients at high risk for MORO's but should only be reported following cascade rules established by the institution	Tier 4 May warrant string and reporting by clinician request if agents in other tiers are not optimal because of various factors	Unavailable
Ampicillin	Ertapenem, Imipenem,	Ceftazidime-avibactam,	Cefiderocol <sup>5</sup>	Plazomicin,
Ampicillin-sulbactam	Meropenem <sup>2</sup>	meropenem-vaborbactam4		imipenem-relebactam?
Amoxicillin-clavulanate			Ceftaroline <sup>6</sup>	
Cefazolin	Tobramycin <sup>3</sup>		Ceftszidime <sup>6</sup>	Cefotaxime <sup>8</sup>
Ceftriaxone			Ceftolozane-tazobactam <sup>e</sup>	
Cefoxitin/cefotetan <sup>30</sup>	Piperacil in-tazobactam <sup>11</sup>			
Gentamicin	Cefepime <sup>12</sup>		cefuroxime 9	
Ciprofloxacin				
Levofloxacin	Aztreonam <sup>1</sup>			
Tetracycline				
Trimethoprim-sulfamethoxazole	Amikacin <sup>13</sup>			
Urine only				
Nitrofurantoin				Posfortycin <sup>2</sup> (Eschwichia cail)

- 1. CLSI designates as tier 4 agent. Recommend designation as a tier 2 agent to be suppressed unless isolate intermediate or resistant to either Levaque released, add the following comment to micro report, "Used for patients with severe Beta-lactam/Cephalosporin allergy"
- Recommend suppression unless cascade criteria are met or available upon request for beta-lactam allergic patients. Cascade criteria: report merogenem/ertapenem for Enterobacteralies resistant to ceftriscone surrogate marker for ESBL

  Recommend suppression unless resistant to gentamicin (cascade criteria would need to be built)

  Recommend suppression unless the following cascade criteria are met isolate identified as a carbagenem resistant strain

- 5. CLSI designates as tier 3 agent, recommend designation as tier 4 agent available upon request only (primarily used for multi-drug resistant Pseudom
- ilable upon reques
- CLSI designates as tier 8 agents, however no in-vitro susceptibility methodology available at this time (Imigenem-relebactam not included on MicroScan panel and we currently do not have any e-tests ordered)

  CLSI designates as tier 1 agent, recommend always suppress, drug no longer available in the United States

  Cefuroxime on the panel represents 2 grams IV QBH only dosing. We have not ordered or used IV cefuroxime in many years. We primarily use oral cefuroxime for UTI
- infections which must be inferred from cefazolin. Recommend always suppress with results available upon request.

  10. CLSI designates Cefostan/Cefostin as tier 2. Recommend routinely reporting.

  11. Zosyn is designated Tier 1. However, recommend Tier 2 with suppression unless urinary isolate is intermediate or resistant to ceftriaxone then report for urine source only. Always report if resistant.

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# Antibiotics for Extended-Spectrum-β-lactamase-producing (ESBL)

ESBLs inactivate penicillins, cephalosporins, and aztreonam

- Harbor additional genes that mediate resistance to other antibiotics
- Most prevalent in:
  - Escherichia coli, Klebsiella pneumoniae, Klebsiella oxytoca, and Proteus mirabilis

Antibiotics for the Treatmer	nt of ESBL Infections in Adults
Meropenem/Ertapenem/Imipenem	Levofloxacin/Ciprofloxacin
Ceftazidime-avibactam	Trimethoprim-sulfamethoxazole
Ceftolozane-tazobactam	Cefiderocol

Clinical Infectious Diseases. Published online July 18, 2023

# Case 3

CC: 79 y/o female day-25 hospitalization

PMH: HTN, hypothyroidism

Diagnosis: new severe sepsis with suspected sacral wound source initiated on empiric vancomycin and Meropenem due to recent Rocephin/Zosyn exposure

Changed to targeted Treatment: high dose Unasyn 9 gm infused over 4-hours IV Q8h and minocycline 200 mg IV Q12h



# Adult boost whose it and from 2 officered peoples of the 164-014-15 photochast (Common State Sta

CRAB Sensitivities





#### Infectious Diseases Society of America 2024 Guidance on the Treatment of Antimicrobial-Resistant Gram-Negative Infections

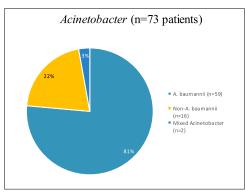
There is no clear antimicrobial "standard of care" regimen for carbapenem-resistant Acinetobacter to compare treatment options.

Preferred	Alternative *	NeverSuggested
Sulbactam-durlobactam § + Meropenem or imipenem-cilastatin	Ampicillin-sulbactam <sup>5</sup> (high dose) + Cefiderocol <sup>9</sup> , Minocycline (high dose), Tigecycline (high dose) ¥, or Polymyxin B Based on patient and infection specific factors	Monotherapy  Rifamycins (rifampin, rifabutin, rifapentine) Fosfomycin Nebulized antibiotics Omadacycline

#### **Special Circumstances:**

- $Colistin is favored \ over polymyx in \ B \ (in a combo \ regimen) for CRAB \ UT is. \ It converts to its active form in the urinary tract \ while there is$ minimal polymyxin excretion in the urine
- Eravacycline (in place of minocycline or tigecycline) use should be limited to situations when other agents are not active, available, or tolerated
- \* When sulbactam-durlobactam is not available
- § Use of a regimen containing sulbactam is suggested for treatment of carbapenem-resistant CRAB infections. For high dose amp/sulbactam, the concentration of sulbactam should achieve PK target for CRAB with sulbactam MICs up to 16-32 mcg/mL.
- $\P \ \text{The IDSA panel suggests reserving cefider ocol until other regimens have been exhausted}$
- ¥ Minocycline is preferred over tigecycline

# Internal data

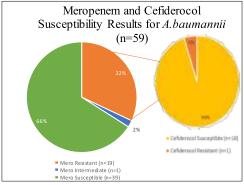


2 patients had both A. baumannii and a non-A. baumannii isolate (A. radioresistens)

1 patient had two different non-A. baumannii isolates (A. pittii and A. lactucae)

#### Susceptibilities for non-A. baumannii isolates (n=17)

- All isolates (n=17) were susceptible to Meropenem and Tetracycline (inference for
- Susceptibility results on these isolates for Cefiderocol were not reported due to Meropenem sensitive, per cascade rule
- Susceptibility results for Cefepime not rep



The intermediate is olate was  $\underline{not}$  tested for susceptibility to cefiderocol 95% of carbapenem-resistant A. baumannii isolates were susceptible to cefiderocol

	-	_	_	_	_	_	_	75	-	44.1			P-Ser-	Dec	emb	40.00	411		_	_	_	_	_	_	_		_				_	_
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Current Repor	ting	Routine Repo	rting	Conditional Re	porting			
	Acinetobacter		Acinetobacter		Acinetobacter			
Amikacin		Ampicillin + Sulbactam		Meropenem, Imipenem <sup>2</sup>				
Ampicillin + Sulbactam		Cefepime		Amikacin <sup>3</sup>				
Aztreonam		Gentamicin		Minocycline <sup>4</sup>				
Cefepime (MIC only)		Tobramycin		Ceftazidime <sup>5</sup>				
		Ciprofloxacin <sup>1</sup>		Cefiderocol <sup>6</sup>				
Ceftazidime		Levofloxacin <sup>1</sup>		Doxycycline + Polymyxin B/E (not available on panel)				
Ceftriaxone				Ceftriaxone <sup>7</sup>				
Gentamicin				Tetracycline <sup>7</sup>				
				Piperacillin-tazobactam <sup>7</sup>				
Imipenem				Tigecycline <sup>8</sup>				
Meropenem Tetracycline				Trimethoprim + Sulfamethoxazole <sup>9</sup>				
Tobramycin			IC values without interpretations.	•	terpretations do not			
Trimethoprim + Sulfamethoxazole		cross the interface, manually report the MIC values without interpretations.  2. CLSI designates as tier 2, recommend cascade, report if resistant to cefepime or ceftazidime  3. CLSI designates as tier 2, recommend cascade, report if resistant to tobramycin and gentamicin  4. CLSI designates as tier 2, recommend cascade, report if resistant to meropenem  5. CLSI designates as tier 1, Recommend designation as a tier 2 due to nonformulary status. An additional cascade would include only report if isolate resistant to cefepime but sensitive to ceftazidime  6. CLSI designates as tier 3, recommend cascade, set up KirbyBauer and report if resistant to meropenem  7. Suppress, available by physician request only. Questionable clinical utility. Note: zosyn does not cross the interface.  8. Not included in CLSI, recommend cascade, report MIC if resistant to meropenem. Some providers are using this value for Erawcycline inference.  9. Suppress. However, needs to be available for ID view. May be of clinical use in special complicated ID situations.  Finalized 6.6.24						



# Sulbactam-durlobactam (Xacduro)

- **Dosing**: sulbactam 1 g/durlobactam 1 g every 6 hours, infused over 3 hours
- **Spectrum**: Acinetobacter baumannii-calcoaceticus complex
- **FDA Indications** 
  - Hospital-acquired pneumonia and ventilator-associated pneumonia, caused by susceptible isolates of Acinetobacter baumannii-calcoaceticus complex



	ATTACK Trial for HA	BP/VABP Infecti	ons
	Sulbactam-durlobactam	Colistin	
28-day all-cause mortality	12/63 (19%)	20/62 (32%)	Difference: -13.2% (95 CI, -30.0 to 3.5)
Likelihood of clinical cure	62%	40%	p = 0.016
Nephrotoxicity	12/91 (13%)	32/85 (38%)	p < 0.001

# Cefiderocol (Fetroja)

Spectrum: Acinetobacter baumannii complex, Enterobacter cloacae complex, Pseudomonas, Klebsiella, Serratia, E. coli, Proteus

- FDA Indications:
  - Complicated urinary tract infections, including pyelonephritis
  - Hospital-acquired pneumonia and ventilator-associated pneumonia
- Dosing: 2 grams IV every 8 hours, infused over 3 hours



	Carlulatorered (to-140)	(restar)	Treatment difference (95% Cf
Clinical rure			
and profession from	947345 (95%)	88/147 (67%)	(4.8 (422 )+30)
+40.P	3.6/5/0-(5/6~2)	41/60 (0.0%)	42 4 F 7 D 7 M 4 7 M
1004	200/5 in (A 60 to )	36/64 (36%)	99673102700
HEAP	HATEF OLD THE	24/23 (60/4)	-0-11 t -210 t; no 0-01s
Microbiological road	lication		
Add positioners	200140-0470	REAL PROPERTY.	-0.81 - 0.2 × to 10.50
HINE	PARTIE CORPORA	10/10/01/14/25/2	-9-4 C-25-9 to 0 1)
VAP	ESPSE DEPKE	83/84 (34%)	WHO S P 10 25 25
HCAF	13027 (48%)	BALLS CERNS	-0.0 C-30.0 to 23.00
employed by historican dis- sipary to a control stanged or definition to a finite place.	or of ticely drop, excluding or Occasio. The transmiss differ a or otto discharge distances.	therein with factor produce even professional evenus is at take of test of our bette	more with the first product of the control of the c

### Reduced Susceptibility to Cefiderocol

Reduced			ity to Antibi					1 mg	/mL			
% Susceptibility	# Isolates	Cefepime/zidebactam	Cefiderocol/avibactam	Cefiderocol/nacubactam	Cefiderocol/relebactam	Cefiderocol/taniborbactam	Cefiderocol/vaborbactam	Cefiderocol/zidebactam	Imipenem/relebactm	Meropenem/nacubactam	Meropenem/vaborbactam	Sulbactam/durlobactam
Acinetobacter baumannii	11		>90		>90	>90	-	>90				72.7
Enterobacterales	67	91	64.7	74.6	59.7	76.1	22.4	91		71		
Pseudomonas aeruginosa	9		≤44.4	≤44.4	≤44.4	≤44.4	22.2	55.6	55.6		55.6	

eresinski SC, ed. In the Literature. Clinical Infectious Diseases. 2024;78(3):i-i

## Antibiotics for KPC

- Carbapenemases are β-lactamases that have the ability to hydrolyze penicillin's, cephalosporins, monobactams, and carbapenems
- Klebsiella pneumoniae carbapenemases (KPC) are the most common carbapenemases within the U.S
- Other organisms that are potential KPC-producers include the following:
  - Pseudomonas aeruginosa, Escherichia coli, Klebsiella oxytoca, Enterobacter spp., and Citrobacter freundii

#### Antibiotics for the Treatment of KPC

Ceftazidime-avibactam

Meropenem-vaborbactam

Imipenem-cilastatin-relebactam

**Alternative Treatment** 

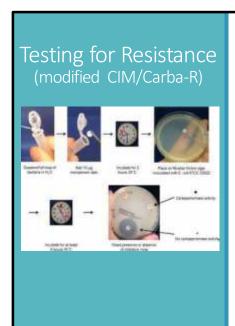
Cefiderocol

Tigecycline (Excluding bloodstream or urine)

Eravacycline (Excluding bloodstream or urine)

Clinical Infectious Diseases. Published online July 18, 202







- KPC
- NDM
- Ш. VIM
- IMP
- OXA-48

# Ceftazidime-avibactam (Avycaz)

Spectrum: Streptococci, MDR Enterobacterales (ESBL and KPC), Pseudomonas

- FDA Indications
  - Complicated intra-abdominal infections, in combination with metronidazole
  - Complicated urinary tract infections
  - Hospital-acquired pneumonia and ventilator-associated pneumonia
- Dosing: 2.5 g (ceftazidime 2 g and avibactam 0.5g) every 8 hours, over 2 hours

Table 23.	Populations	ty and Clinical Cure Rates from t		
Study Endpoi	nt (Population)	AVECAZ* n/N (%)	Meropenem* n/N (%)	Treatment Difference (95% CI)'
28-Day all-can	ase mortality (ГГГ)	42/436 (9.6)	36/434 (8.3)	1.5 (- 2.4, 5.3)*
micro-ITT		22/187 (11.8)	19/195 (9.7)	2.1 (-4.1, 8.4)*
Clinical cure (	ITT)	293/436 (67.2)	300/434 (69.1)	-1.9 (-8.1, 4.3) d.r





# Meropenem-vaborbactam (Vabomere)

**Spectrum**: Enterobacterales (ESBL and KPC), Pseudomonas, MSSA, Streptococcus, anaerobes

- · FDA Indications
  - Complicated urinary tract infections
- Off Label: limited randomized open label and observational studies
  - Carbapenem-resistant Enterobacterales in hospital-acquired or ventilatorassociated pneumonia, bloodstream infection, or complicated intra-abdominal infection
  - **Dosing**: 4 g (meropenem 2 g and vaborbactam 2 g) every 8 hours, infused over 3 hours



JAMA. 2018;319(8):788-799. Vahomere (meropenem-vahorbactam) [package insert]. 2023

# Imipenem-relebactam (Recarbrio)

- **Spectrum**: E. faecalis, MSSA, Streptococci, Norcadia, Enterobacterales (ESBL and KPC), Pseudomonas, non-Enterobacterales, anaerobes
- FDA Indications
  - Complicated intra-abdominal infections
  - Complicated urinary tract infections
  - Hospital-acquired pneumonia and ventilator-associated pneumonia

Dosing: 1.25 g (imipenem 500 mg, cilastatin 500 mg, and relebactam

250 mg) every 6 hours, infused over 30 minutes



able 7: Day 28 All-Cause Mortality and Clinical Response Rates at EFU from Trial 1 of Hospitalacquired Bacterial Pneumonia and Ventilator-associated Bacterial Pneumonia (HABP/VABP)

	RECA	RBRIO	Piperacillin/T	azobactam	Treatme	ent Difference
	nim	(%)	n/m	(%)	%*	(95% CI)*
All-Cause Mortality Through Day 28 <sup>9,4</sup>	42/264	(15.9)	57/267	(21.3)	-5.3	(-11.9, 1.2)
Non-ventilated HABP	18/142	(12.7)	15/131	(11.5)	1.2	(-6.8, 9.1)
Ventilated HASP/VASP	24/122	(19.7)	42/136	(30.9)	-11.2	(-21.6, -0.5)
Clinical Response at EFU <sup>s</sup>	161/264	(61.0)	149/267	(55.8)	5.0	(-3.2, 13.2)
Non-ventilated HABP	95/142	(66.9)	87/131	(66.4)	0.5	(-10.7, 11.7)
Ventilated HASP/VASP	66/122	(54.1)	62/136	(45.6)	8.5	(-3.7, 20.5)

"Treatment differences and 60% confidence intervals are based on Meditinen A. Austriane method.

"In the common of the common of

Clin Infect Dis. 2021;73(11):e4539-e4548.

ecarbrio (imipenem, cilastatin, and relebactam) [package insert]. 2023



### Antibiotics for New Delhi Metallo-β-lactamase

- NDM enzymes are capable of conferring resistance to almost all β-lactam antimicrobial drugs including carbapenems. Class B NDM contain zinc in the active site. (*Klebsiella pneumoniae* or *Escherichia coli*)
- NDM encoding genes are highly transmittable, located on plasmids, outbreaks reported<sup>2</sup>
- 32 NDM variants have been identified
  - NDM-1, NDM-4, NDM-5, and NDM-7 variants remain dominant globally with some exhibiting increased carbapenemase activity compared with NDM-1
  - All US isolates studied harbored bla<sub>NDM</sub>

#### Antibiotics for the Treatment of NDM Beta Lactamase Enterobacterales Infections in Adults

Ceftazidime-avibactam + aztreonam Cefiderocol (Breakpoint < = 4mg/L) Tigecycline > Eravacycline

Polymyxins 30-80% (\*intrinsically resistant organisms: Proteus, Morganella, Providencia and Serratia spp)

Clinical Infectious Diseases. Published online July 18, 2023 Treatment of Severe Infections Due to Metallo-Betalactamases Enterobacterales in Critically III Patients. 2022;11(2):144144 Antimicrobial Agents and Chemotherapy. 2020;64(9) Clinical Microbiology Reviews. 2007;20(3):440-458.

# Aztreonam-avibactam (Emblaveo)

- <u>Loading Dose</u>: aztreonam 2 g and avibactam 0.67 g
  - Maintenance Dose: aztreonam 1.5 g and avibactam 0.5 g
- Spectrum: metallo-beta-lactamases-producing Enterobacterales and Pseudomonas
- Study Indications
  - Complicated intra-abdominal infections with flagyl
  - Complicated urinary tract infections
  - Hospital-acquired pneumonia and ventilator-associated pneumonia (REVISIT Trial)

	HAP,	/VAP
ITT Analysis Set	ATM-AVI (n = 74)	MER $\pm$ COL (n = 36)
Cure, n (%) [95% CI]	34 (45.9) [34.9, 57.3]	15 (41.7) [ 26.7, 57.9]
Difference, % (95% CI)	4.3 (-25	.6, 32.2)
CE Analysis Set	ATM-AVI (n = 45)	MER $\pm$ COL (n = 22)
Cure, n (%) [95% CI]	21 (46.7) [32.7, 61.1]	12 (54.5) [34.3, 73.7]
Difference, % (95% CI)	-7.9 (-42	1.8; 29.4)

Open Forum Infect Dis 2023:10(Suppl 2):ofad500 2476

# Antibiotics for OXA-48-like-producer

- OXA-48 is a carbapenem-hydrolyzing class D ß-lactamase
  - OXA-48 is not inhibited by clavulanic acid, tazobactam, sulbactam, or carbapenems
  - Most do not hydrolyze third and fourth generation cephalosporins
  - Producers lacking ESBLs remain susceptible to these agents
  - Most commonly in Escherichia coli and Klebsiella Pneumoniae

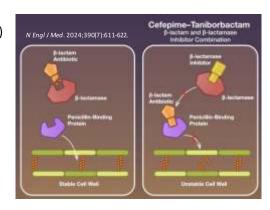
# Antibiotics for the Treatment of OXA-48-like-producer Infections in Adults Ceftazidime-avibactam Cefiderocol Cefiderocol Cefiderocol Tigecycline<sup>1</sup> Eravacycline<sup>1</sup>

1. Not to be used in bacteremia or urinary tract infections

Clinical Infectious Diseases. Published online July 18, 2023.
Antimicrob Agents Chemother. 2022 Aug 16;66(8):e0021622.

# Cefepime-taniborbactam

- **Dosing**: 2.5 g (cefepime 2 g and taniborbactam 0.5 g) every 8 hours, infused over 2 hours
- **Spectrum**: carbapenem resistant *Enterobacterales*, carbapenem resistant *Pseudomonas*
- Study Indications
  - Complicated urinary tract infections
  - Hospital-acquired pneumonia and ventilatorassociated pneumonia (CERTAIN-2 study will begin October 2024)



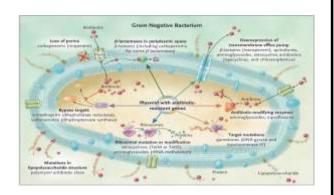
N Engl J Med. 2024;390(7):611-622.



Agent	KPC- producer	NDM- producer	OXA-48-like- producer	Carbapenem- resistant Pseudomonos geruginosa	Carbapenem- resistant Acinetobacter baumannii	Stenotrophomonas maltophilia
Aztreonam-avibactam		-				
Cefiderocol						
Ceftazidime-avibactam <sup>1</sup>			1			
Ceftolozane-tazobactam <sup>1</sup>				1		
Eravacycline <sup>1,2</sup>						ſ
Fosfomycin (intravenous)						
Imipenem-relebactam <sup>3</sup>						
Meropenem-vaborbactam <sup>3</sup>						
Plazomicin <sup>1,4</sup>						
Polymyxin B1.5 or Colistin 1.5						
Tigecycline <sup>1,2</sup>						

Figure 1. Select antibiotics with activity against carbapenem-resistant organisms. Green, susceptibility anticipated to be >80%; yellow, susceptibility anticipated to be <30%; '. US Food and Drug Administration-approved agent, ', synthetic tetracycline derivative; ', imipenem-clastatin-relebactam; ', synthetic aminoglycoside; ', polymyxin class, Abbreviations; KPC, Klebsielle pneumoniae carbapenemase; NDM, New Delhi metallo-(I-lactamase.

Clinical Journal of the Pediatric Infectious Diseases Society, 2019;8(3):251-260



# MDR GRAM NEGATIVE ORGANISMS: THE IMPACT OF CLINICAL MICROBIOLOGY ON ANTIBIOTIC SELECTION

Deanne Tabb PharmD, MT (ASCP) Infectious Diseases Pharmacist

#### SPEAKER'S PROFILE

#### **MOBOLAJI OGUNSAKIN**

MD MPH MBA FACP

Mobolaji Ogunsakin MD MPH MBA FACP I am a fellowship trained and board certified infectious disease attending physician for the last twenty seven years. I had my medical school training at the Obafemi Awolowo University (then University of Ife), Faculty of



Health Sciences and Medical School in Ile-Ife, Nigeria. I graduated from Medical school in 1982. I did my internal medicine residency and infectious disease fellowship training at the Nassau University Medical center in East Meadow, New York.

I completed a two year Executive Masters in Business Administration (EMBA) program at the Wesleyan College in Macon, Georgia in June 2012. My focus was on the effect of globalization on the emergence and spread of communicable diseases. I also completed

a two year Masters in Public Health (MPH) program at Walden University, USA in November 2018.

I am currently the Chief Medical Officer of the Infection Specialists of Middle Georgia, LLC, (ISMG, LLC) in Warner Robins, Georgia. I am currently affiliated with the Atrium Health Navicent Hospital and the Regency Hospital Center, both in Macon, Georgia

# Global Infectious Disease Initiative 2024

Resistant Gram Negative Bacteria as Agents of Bioterrorism.

Mobolaji Ogunsakin MBChB MPH MBA FACP
Infectious Disease Physician

# Evolving Resistance Patterns in Gram Negative Bacteria - A Global Problem.

- ▶ Medical Professionals worldwide are currently dealing with multi-drug resistant Gram Negative Bacteria causing difficult to treat infections.
- ► These bacteria utilize multiple mechanisms to evade killing by the antimicrobials that clinicians use in treating infections.
- A major cause of this evolving resistance is antibiotic pressure from clinician prescribed antibiotics.
- Recently there is growing concern that resistant gram negative bacteria could be modified and utilized as agents of bioterrorism.

# The Need for a National Security Policy Against Man-made External Attack.

- ► The Covid-19 Pandemic taught us to prepare against pandemics arising from emerging novel viral pathogens.
- Most nations now have in place a plan to respond quickly to emerging viral outbreaks.
- Most nations also have in place a national security policy for protection in case of a man-made external attack like war.
- ► However, most nations don't have a national health security policy in case of a natural pathogen or a weaponized man-made bioterrorist attack.

# Future Pandemics - Possible Gram negative bacteria etiology

- ► The world has experienced viral pandemics in the past such as the 1918 Spanish flu pandemic and the ongoing Covid-19 pandemic.
- ▶ The world has also experienced bacterial pandemics such as the "Black Death".
- ▶ "The Black Death" was a pneumonic plague pandemic that occurred in Europe from 1346 to 1353.
- ▶ It killed as many as 50 million people, 50% of Europe's population at the time.
- ▶ It was caused by Yersinia pestis, a gram negative coccobacillus bacterium.
- A weaponized strain of Yersinia pestis is a prime candidate for a present day man-made bioweapon causing a pandemic (1).



# Pandemic Preparedness - The Covid-19 blueprint.

- Institutional/National/International Pandemic preparedness plans have been developed for the Covid-19 pandemic.
- ▶ National Healthcare Pandemic preparedness plans developed for the Covid-19 pandemic can be adapted for use against Gram Negative bacteria outbreaks.
- Future pandemics will hopefully result in a rapid deployment of testing and treatment resources.
- ▶ We need to consider the possibility that future pandemics may be caused by gram negative bacteria, a natural pathogen or a weaponized man-modified micro-organism.
- ▶ The WHO is playing a major role in strengthening the global health-security interface.

# Concern about resistant GNR bacteria as bioterrorism agents.

- Since the September 2001 Anthrax attacks in New York city, Washington D.C. and other cities in America, concern has grown about the use of "weaponized" bacteria to attack institutions and/or countries.
- ▶ To become effective agents of bioterrorism, bacteria have to be highly infectious and be capable of causing difficult to treat infections.
- ▶ Potential candidates in this regard include the following agents:
- Francisella tularensis the causative agent of Tularemia.
- Yersinia pestis the causative agent of Pneumonic plague.



### Tularemia as a bioweapon.

- ► Francisella tularensis, the causative agent of Tularemia, has a high infectivity rate and has been studied and prepared as a bioweapon by the USA, Russia, Japan, Britain and other countries.
- ▶ In the 1970s 1980s, the Soviet Union conducted a focused research program with the sole purpose of creating multi-drug resistant strains of Francisella tularensis (3).
- ► Francisella tularensis is easily stored in dried form, can cause life-threatening infection by inhalation, and has been engineered as an antibiotic resistant organism(4).
- Although the use of biological weapons was officially prohibited by an international treaty signed in 1972, the threat of bioterrorism persists today (5).

# Virulence Factors of Gram Negative bacteria.

- Many gram negative bacteria have virulence factors that enable them to evade the body's immune system and cause severe infections in affected patients.
- ► Endotoxins (lipopolysaccharides) in the bacterial outer membranes can trigger a cascade process in patients leading to severe sepsis and death.
- ► This process can cause damage to multiple body organs resulting in multiorgan failure with an associated high mortality.
- ▶ In this scenario aggressive treatment with IV antibiotics, IV fluids, pressor agents and Life support machines are needed to save the patient's life.



#### **Antibiotic Resistance**

- Many gram negative bacteria have multiple defense mechanisms that facilitate their resistance to commonly used antibiotics.
- ▶ This makes infections caused by these bacteria very difficult to treat.
- ▶ Newer expensive broad spectrum antibiotics are the only effective treatment options in this scenario such as new beta lactam/beta lactamase combinations and carbapenems.
- ▶ Low and middle income countries may not have easy access to these medications thus allowing the rapid spread of these infections without effective treatment options.

#### Ease of Dissemination

- Manipulation of bacterial pathogens by humans to increase their resistance to antibiotics and facilitate their ease of dissemination i.e. "weaponization", as occurred with the anthrax attacks in Washington D.C. in 2001,
- Dissemination via water, food or aerosolized forms can make gram negative bacteria a versatile choice for nefarious purposes.
- ▶ If a small dose of the bacterium (inoculum) is required to cause an infection this means that a small quantity of bacteria can infect a large number of people. Aerosolized Yersinia pestis has this ability when it causes pneumonic plague and it can be transmitted from person to person.

### High Infectivity and Mortality rate.

- ▶ Highly infectious gram negative bacteria such as Yersinia pestis, the causative agent of plague, can cause widespread morbidity and mortality especially via airborne spread in pneumonic plague which has a 100% mortality rate within 24 hours if untreated.
- ▶ Pneumonic plague can be cured by early treatment with one of these antibiotics: streptomycin, gentamicin, tetracyclines, chloramphenicol or fluoroquinolones. Resistance to these commonly used antibiotics can be induced in the laboratory in a process of weaponization.
- ▶ It is very important to determine early in the course of an outbreak if the infection is capable of airborne spread. In this scenario, the deployment of mask wearing countermeasures may significantly limit the spread of the infection as was done in the Covid -19 pandemic.

# National Public Health Systems - Pandemic Preparedness - Details.

- Preparation for and mitigation of risks associated with infections caused by resistant gram negative bacteria.
- Vigilance, Awareness and strong National political will are needed to develop adequate National Public Health Systems.
- Maintenance of Robust surveillance systems is key to early detection of outbreaks.
- ▶ Development and deployment of rapid detection methods nationwide is key.
- Ensuring availability of effective countermeasures requires the deployment of significant national resources.



#### Countermeasures

- ▶ Development of strategies to combat antibiotic resistance.
- ▶ Development of new antibiotics to target resistant gram negative bacteria.
- Rapid development and deployment of novel global vaccines.
- ▶ International healthcare collaboration programs between nations.

### An Urgent Public Health problem.

- ► Continuous spread of antimicrobial resistance, especially antibiotic resistance and the lack of newly developed antibiotics.
- Antibiotic use and misuse drive the development of antibiotic resistance.
- ▶ The situation is compounded in developing countries by the presence of unregulated supply chains and the absence of a systematic drug prescription program.
- ▶ The use of antibiotics as growth promoters in the food animal production industry has further compounded the problem of emerging antibiotic resistance in bacterial pathogens.

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- ▶ 5. "Status of the Biological Weapons Convention" United Nations Office for Disarmament Affairs. Retrieved 3 July 2024.



#### SPEAKER'S PROFILE

#### **DR. IORHEN E. AKASE**

Head, Infectious Diseases College of Medicine **UNILAG** 

Dr IE Akase has expertise managing patients with infectious diseases, including infectious diseases with epidemic potential such as Lassa fever, MPOX, and COVID-19, as well as patients with HIV, tuberculosis (TB), and sepsis. Dr Akase has sub-specialty training in



infectious diseases and immunology, having earned a Master's degree in immunology and a post-graduate fellowship in infectious diseases (ID). His work during his MSc and fellowship programs prepared him for some of the current clinical and research initiatives.

For the past six years, Dr Akase has been a member of various technical working groups, including the Public Health Emergency Operations Center in Lagos State, where the majority of the outbreaks have occurred. In addition, he currently chairs the Nigerian Infectious Diseases Society's (NIDS) Epidemic Response Committee, and is a member of the committee for the development of the National guideline for the clinical management of COVID-19, as well as the committee for the development of COVID-19 training modules. He also chaired the Oyo State committee for isolation facility accreditation and currently serves on the board of the Pan-African Mycology Working Group (PAMG) of the International Society for Human and Animal Mycology (ISHAM). Dr. Akase has had ample opportunities to collaborate closely with government and other implementing partners, gaining significant expertise and forging enduring networks in the process. He has worked with many other researchers and clinicians to publish over 40 manuscripts in respected international and national journals, and looks forward to leveraging his experience and extensive networks among colleagues to help the country and global partners achieve their collective goals.

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# APPRECIATION

The entire TEAM of Global Infectious Diseases Initiative Inc., wishes to express our profound gratitude to all who attended our 4th GIDI Lectures.

We extend our sincere appreciation to all our supporters, friends, well-wishers, organizations and individuals who have assisted us in making this event a great success.

Thank you and God bless.

Signed:

**Dr. Folarin Adegboyega Olubowale** *MD/CEO, Global Infectious Diseases Initiative*